

Suicide Prevention Strategy Refresh 2023-2026

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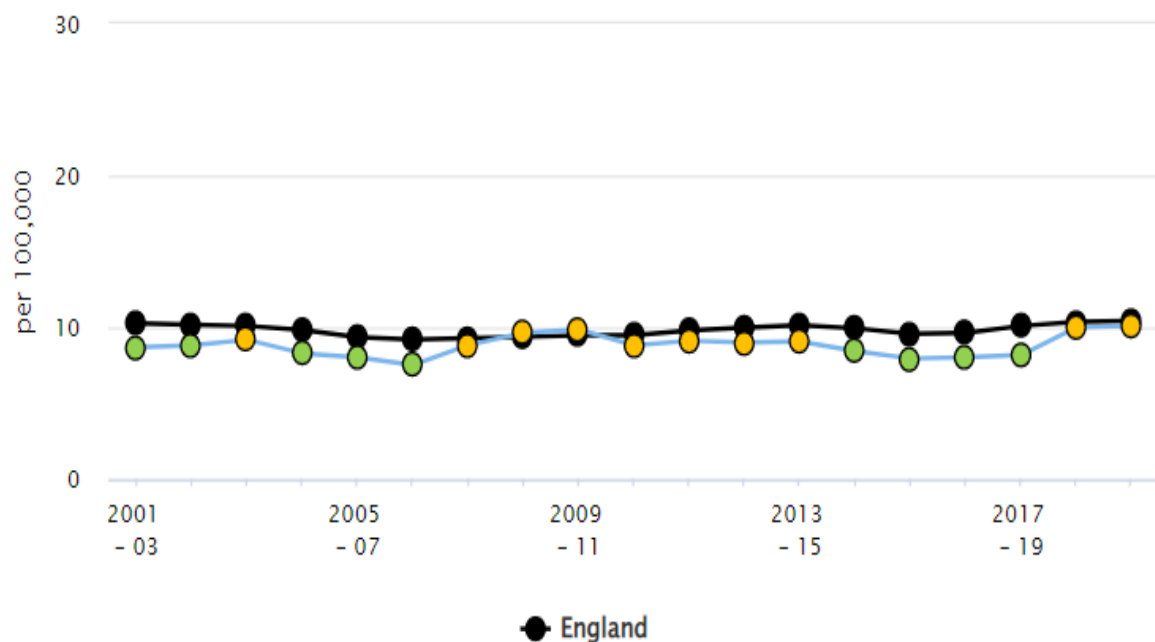
Summary of Presentation



- Each year there are approximately 92 deaths by suicide in Surrey. The impact of suicide on family, friends, workplaces, schools and communities can be devastating and contributes to worsening inequalities.
- The Surrey Suicide Prevention Strategy ends in 2022. National guidance for refreshing the strategy was due in spring 2022, this has been delayed with no revised publication date. Given the importance of a proactive approach to Suicide Prevention, learnings from Surrey and national evidence base have been used to inform a refreshed suicide prevention strategy for Surrey.
- The refreshed Strategy outlines revised ways of working to further embed the accountability of the partnership approach to suicide prevention with the addition of the 'Suicide Prevention Protocol'.
- The Surrey engagement of the refreshed strategy started on the 5th October 2022 and ended December 2022. As part of this all partners have been provided with templates to engage with their organisation.
- Following the publication of the National Strategy in 2023 Surrey's refreshed strategy will be reviewed, and a full formal consultation will commence.

Surrey suicide rate per 100,000 population

Source- PHE fingertips



Recent trend: Could not be calculated

Period	Surrey				England
	Count	Value	95% Lower CI	95% Upper CI	
2001 - 03	241	8.7	7.6	9.9	10.3
2002 - 04	245	8.8	7.7	10.0	10.2
2003 - 05	257	9.2	8.1	10.4	10.1
2004 - 06	233	8.3	7.3	9.4	9.8
2005 - 07	229	8.0	7.0	9.1	9.4
2006 - 08	217	7.5	6.6	8.6	9.2
2007 - 09	257	8.8	7.8	10.0	9.3
2008 - 10	282	9.6	8.5	10.8	9.4
2009 - 11	292	9.9	8.8	11.1	9.5
2010 - 12	265	8.8	7.8	10.0	9.5
2011 - 13	278	9.1	8.1	10.3	9.8
2012 - 14	277	9.0	8.0	10.1	10.0
2013 - 15	280	9.1	8.0	10.2	10.1
2014 - 16	260	8.4	7.4	9.5	9.9
2015 - 17	246	8.0	7.0	9.0	9.6
2016 - 18	249	8.0	7.0	9.0	9.6
2017 - 19	255	8.2	7.2	9.2	10.1
2018 - 20	312	10.0	8.9	11.1	10.4
2019 - 21	316	10.1	9.0	11.2	10.4

Source: Office for National Statistics

Waverley suicide rate per 100,000 population

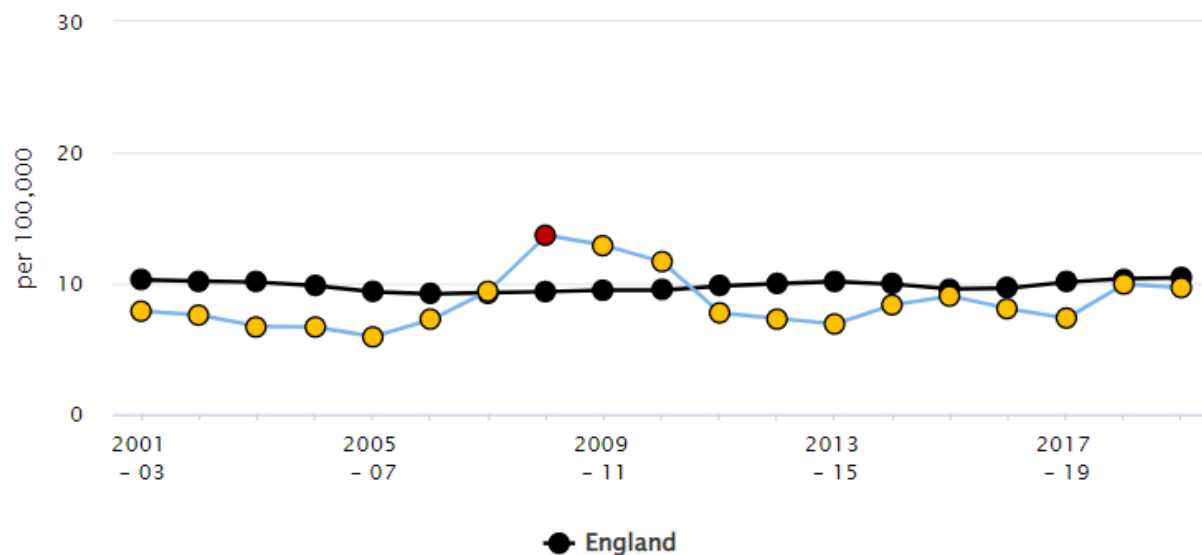
Source: PHE fingertips

Directly standardised rate - per 100,000

Suicide rate (Persons)

[More options](#)

[Show confidence intervals](#) [Show 99.8% CI values](#)



Recent trend: Could not be calculated

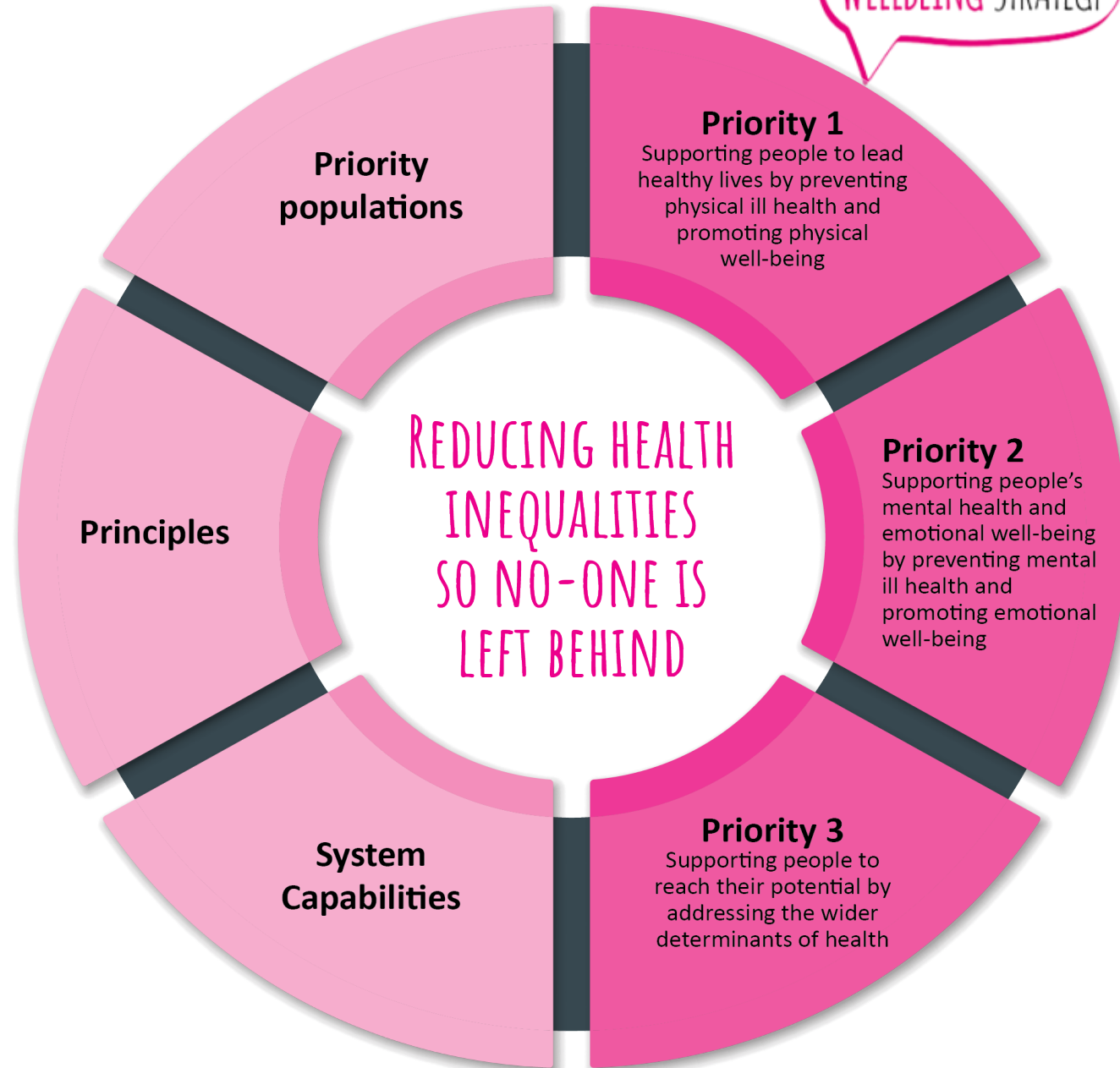
Period	Waverley				South East	England
	Count	Value	95% Lower CI	95% Upper CI		
2001 - 03	24	7.9	5.0	11.8	10.0	10.3
2002 - 04	23	7.6	4.8	11.4	10.0	10.2
2003 - 05	20	6.7	4.1	10.4	9.8	10.1
2004 - 06	20	6.7	4.0	10.3	9.6	9.8
2005 - 07	18	5.9	3.5	9.4	9.1	9.4
2006 - 08	22	7.2	4.5	11.0	8.9	9.2
2007 - 09	29	9.4	6.3	13.6	9.1	9.3
2008 - 10	43	13.7	9.9	18.5	9.3	9.4
2009 - 11	41	12.9	9.2	17.6	9.5	9.5
2010 - 12	38	11.6	8.2	16.0	9.3	9.5
2011 - 13	25	7.8	5.0	11.5	9.9	9.8
2012 - 14	24	7.3	4.7	10.9	10.1	10.0
2013 - 15	22	6.9	4.3	10.5	10.2	10.1
2014 - 16	26	8.4	5.4	12.3	9.8	9.9
2015 - 17	28	9.0	5.9	13.1	9.4	9.6
2016 - 18	26	8.1	5.2	11.9	9.2	9.6
2017 - 19	24	7.4	4.7	11.0	9.6	10.1
2018 - 20	32	9.9	6.8	14.1	10.1	10.4
2019 - 21	31	9.7	6.5	13.8	10.6	10.4

Source: Office for National Statistics

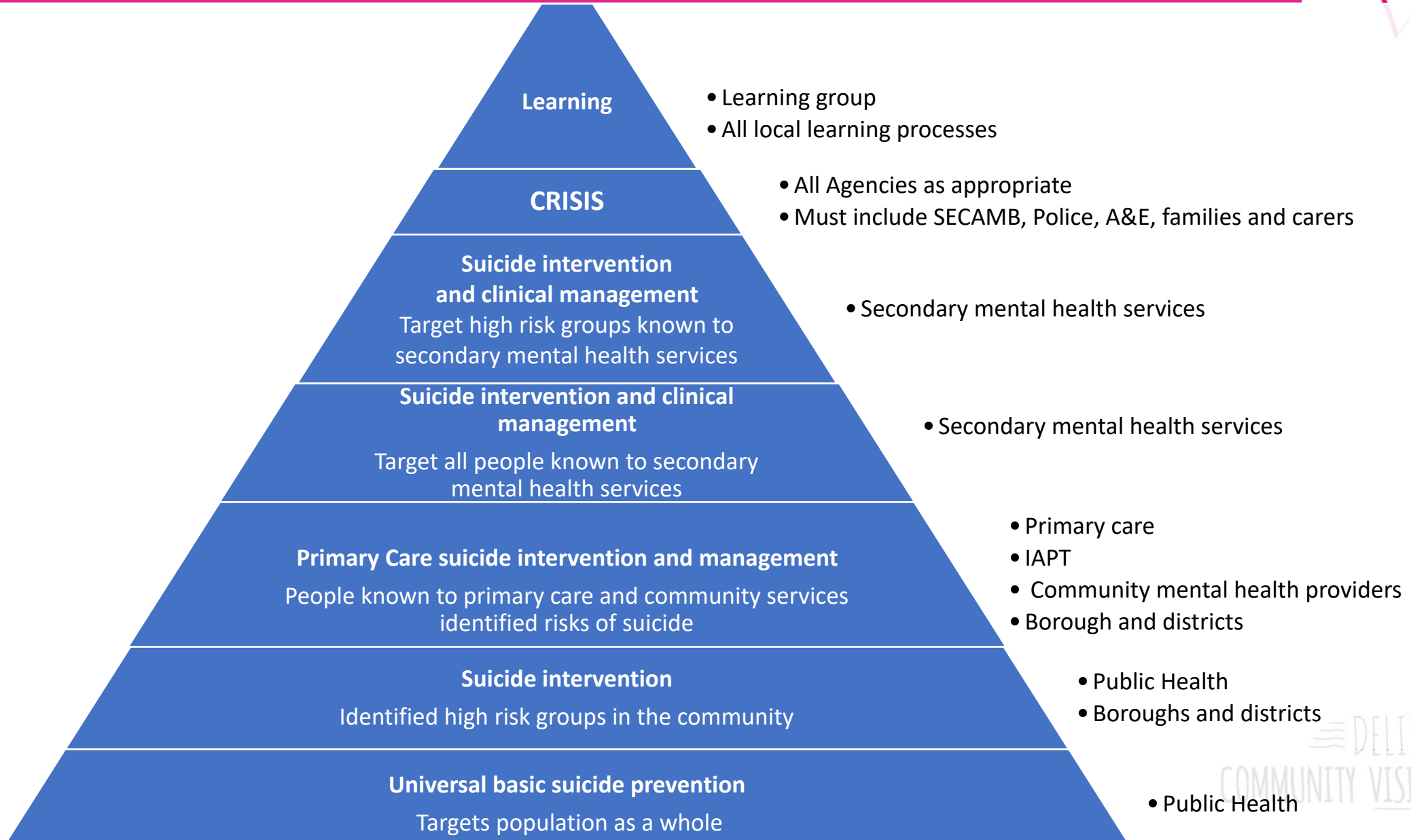
Alignment with the Health and Wellbeing Strategy

SURREY HEALTH AND WELLBEING STRATEGY

- The Suicide Prevention Strategy supports delivery on Priority 2 of the Health and Wellbeing Strategy.



Suicide Prevention Partnership



Snapshot of the Progress 2019-2022 Suicide Prevention Strategy

Workforce development

- Over 70 suicide prevention training courses have been delivered
- 700 people have complete tutor led suicide prevention training
- Over 2,000 mental health training places were commissioned over the 3 years

Emerge Advocacy- support in A&E for children and young people

- Emerge Advocacy provide short term support for young people who find themselves in A&E because they are struggling with self-harm or feeling suicidal.
- In 2021 they were commissioned to offer a service in all the A&Es in Surrey.

Suicide Bereavement

- A suicide bereavement service in Surrey was developed by a family bereaved by suicide.
- A referral process is in place starting from the real time surveillance
- To date the service has supported over 300 people bereaved by suicide

Surrey Real-Time Suicide Surveillance

In 2020 a post was recruited in Surrey Police to set up and manage the Surrey real time suicide surveillance database.

Safe Haven

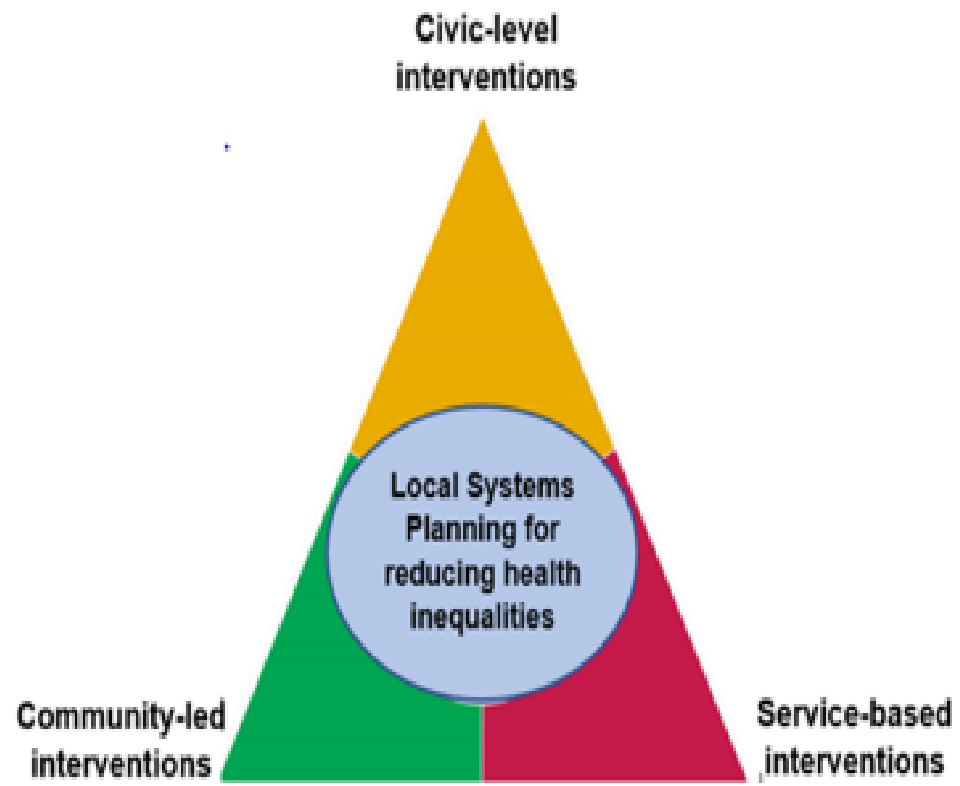
There are now five adult Safe Havens and four children and young people Safe Havens in Surrey.

Suicide Response Work

As a result of the Surrey real time suicide surveillance database, a multiagency system has been developed to carry out a systematic response to suspected suicides.

Highlights of the Refreshed Suicide Prevention Strategy: Population approach to achieving ambitions

- The Refreshed Suicide Prevention Strategy for Surrey adopts Surrey's Health and Wellbeing Strategy, Population Intervention Triangle.
- This is to ensure that the civic, community and service interventions are reviewed and put in place at the scale required.
- Suicide Prevention activity is population-wide and targeted to priority communities, identified through Surrey data and HWBB priority populations.
- Activities to achieve Suicide Prevention at scale include HWB Priority 2 interventions which support adults, children and young people at risk of and with depression, those with anxiety and other mental health issues access the right early help and resources, the emotional well-being of parents and caregivers, babies and children is supported. Isolation is prevented and those that feel isolated are supported and environments and communities in which people live, work and learn build good mental health.



7 Principles underpinning Strategy Refresh 2023: New ways of Working

Delivering zero suicide ambition in Surrey.

“We aspire for zero suicides”

Co-developed a suicide prevention protocol for Surrey

- All members of the suicide prevention partnership will be required to sign up to the Surrey Suicide Prevention Protocol (in the first instance).
- This will ensure that each partner has suicide prevention embedded in their wider policies and across their organisation and supported by their senior leadership.



Strategy Refresh 2023: 'Cllr Alison Todd Suicide Prevention Protocol'

Delivering zero suicide ambition in Surrey



Area	All partners must	Guidance
1. Lived experience	Ensure that lived experience is embedded across their work streams.	<ul style="list-style-type: none"> • If you do not have a lived experience network, how do you gather feedback or consult with people with lived experience. • How is the voice of people with lived experience used to inform service improvement service development and shape new services? • Do you have a lived experience network? • Commitment to listen to voice of their frontline staff to escalate challenges and barriers and make it clear how these fits with the protocol
2. Whole family approach	Demonstrate how the whole family and embedded across their work streams	<ul style="list-style-type: none"> • How is the voice of families used to inform service improvement service development and shape new services? • How do you engage with families to ensure they are part of the care plans
3. Life course approach	How all ages and key transitions are managed and support across the service	<ul style="list-style-type: none"> • How do you support people all different ages?

Strategy Refresh 2023: 'Cllr Alison Todd Suicide Prevention Protocol'

Delivering zero suicide ambition in Surrey



Area	All partners must	Guidance
4. Culture	4a. Demonstrate that stigma of suicide is addressed and embedded across organisation	<ul style="list-style-type: none"> • If possible, could we get a baseline of attitudes from (some organisations) • Completion of stigma training % of staff.
	4.b. Demonstrate workforce development around mental health awareness, suicide prevention awareness and trauma informed care.	<ul style="list-style-type: none"> • Is mental health awareness training mandatory in your organisation? • If no, would you consider making mental health awareness training mandatory for all staff who consent* to attending the training? • Is suicide prevention awareness training mandatory in your organisation? • If no, would you consider making suicide prevention awareness training mandatory for all staff who consent* to attending the training? <p>*we recognise that not everyone wants to or feels able to attend mental health and suicide prevention training</p>
	4.c. Demonstrate how staff wellbeing is supported	<ul style="list-style-type: none"> • Please attach your workplace health policy/ plan

Strategy Refresh 2023: 'Cllr Alison Todd Suicide Prevention Protocol'

Delivering zero suicide ambition in Surrey



5. Evidence base	5.a. All partners must carry out learning around serious self-harm, attempted suicide and suicide.	<ul style="list-style-type: none"> • Please describe the current learning process that is used in your organisation. • Demonstrates how this learning is joined up with the Surrey wide system. • Information on links with learnings from suicide prevention from the Partnership membership and commitment to communications with their organisations • Would your organisation be willing to be part of a Surrey suicide database?
	5.b All partners must demonstrate how evidence is used to shape and inform suicide prevention work	<ul style="list-style-type: none"> • Please demonstrate how your organisation will use up to date research, evidence based practise, local data and intelligence to inform your suicide prevention work.
6. System ownership	6.a. Demonstrate how's your organisation works with the Surrey suicide prevention partnership groups.	<ul style="list-style-type: none"> • All partners will be required to develop a local suicide prevention action plan within three months of the strategy being published. Please describe how you will be working with the suicide prevention partnership group?
7. Governance	Demonstrate the governance set up in your organisation to support the delivery of suicide prevention.	Please describe the governance process your organisation to ensure thought suicide prevention is embedded at a strategic level and across key boards in your organisation
Added: Crisis response	Have local crisis response plans and a pathway for people who present with suicidal ideations and suicidal behaviours.	<ul style="list-style-type: none"> • Do you have a local crisis pathway for people accessing your services? • If yes, please share this

Strategy Refresh 2023: Six Priority Areas remain same

Priority 1: Understanding suicide and attempted suicide in Surrey

Priority 2: Tailor approaches to improve emotional wellbeing in particular groups

Priority 3: Reduce access to means by promoting suicide safer communities

Priority 4: Reduce attempted suicide amongst children and young people

Priority 5: Provide better information and support to those bereaved by suicide

Priority 6: Prevention of suicide among identified high risk groups particular those with known mental ill health

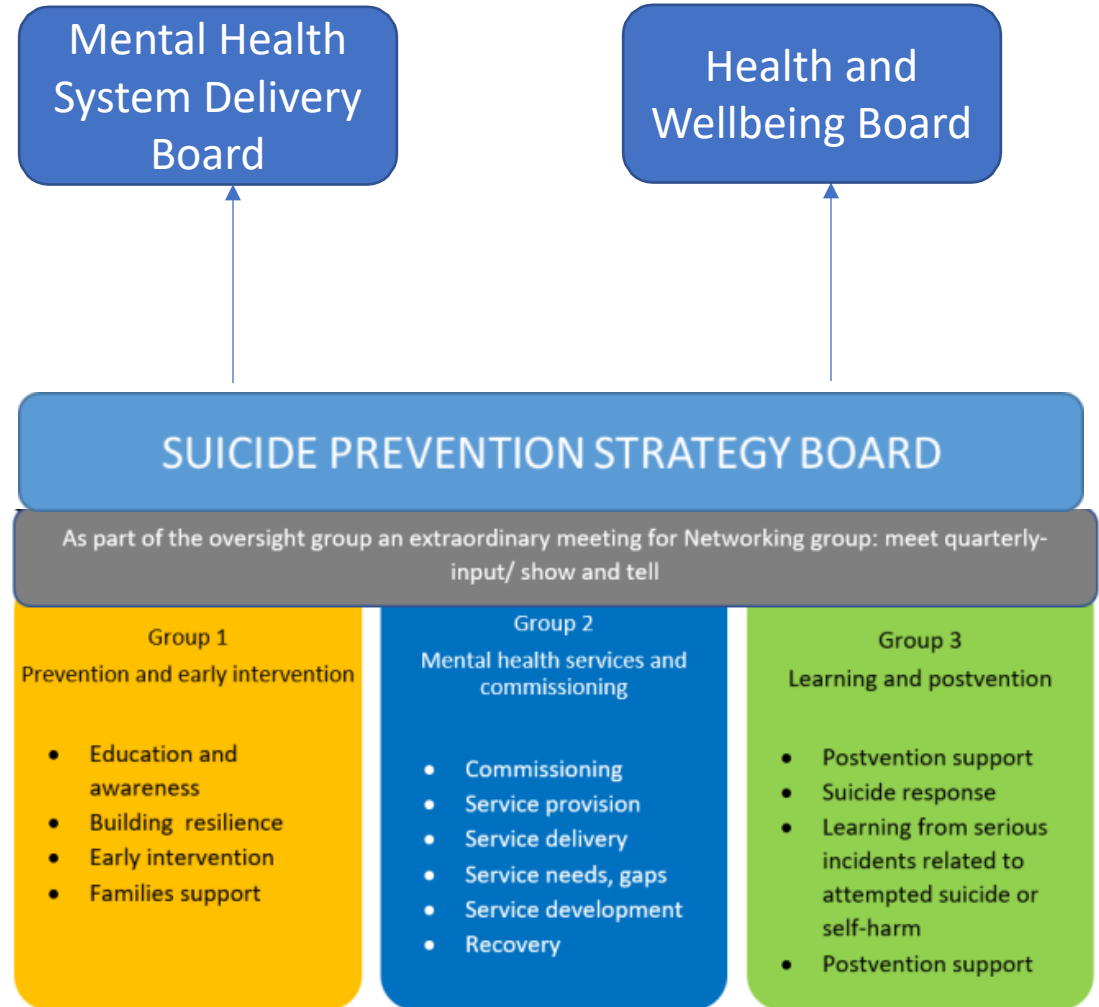
Strategy Refresh 2023: All Age Governance Suicide Prevention Strategy



The Suicide Prevention Strategy Board will report to the Surrey Health and Wellbeing Board and the Mental Health System Delivery Board.

On a regular basis the group will also report to key partnerships. This will include the Children's Safeguarding, Adult Safeguarding, and the Clinical Quality and Safety Boards.

The governance of the Suicide Prevention Strategy has been revised to enable clear delivery and accountability of key priority areas and actions. This approach will enable two way leadership; top down ownership by leaders of partner organisations and strategic planning and bottom up insights and intelligence from the frontline to raise barriers and challenges to implement changes.



Working together

1. 18month Post in Papyrus- suicide prevention training in schools and developing suicide prevention for schools.
2. 2 years CYP suicide prevention lead in Surrey Public Health
3. Post in Surrey Police, suicide prevention force lead- real-time surveillance.
4. SABP suicide prevention lead
5. GP with remit suicide prevention
6. 2 year Communities and prevention- mens mental health worker
7. 18 month Suicide Response worker- Surrey Police
8. Mens champion in Mentell



Suicide Bereavement service Tender outcome

- [Surrey Support After Suicide \(rethink.org\)](https://rethink.org)
- Starts 1st February 2023
- Current provider contracted until 31st March 2023